



ONE YEAR DIPLOMA TRAINING IN

# Macrobiotic Holistic Health Counselling

with Ken McLean Sensei

This is an essential course for those wishing to develop a career in holistic health and for establishing the skills and knowledge necessary in guiding others successfully. This course will also provide an ideal way of supporting one's own development in the ways of health and harmony.



The course covers:

- Basic to advanced oriental visual diagnosis for instant health, character and destiny evaluation.
  - How to create deep and lasting health and how to heal disease.
  - The various functions and relationships of the body, mind, emotion and Ki (energy).
  - Food as medicine, medicinal drinks and external remedies.
  - The profound art of counselling and Aiki (harmonising energy) communication skills.
  - Macrobiotic pregnancy, child care and the way of health as applied to the various stages of life.
  - Relationships – man, woman and family.
  - Death – dying and the spiritual dimension.
  - Kotodama and Affirmations – the power of the spoken word.
  - The order of the universe (Tao).
- And more ...

**START:** Tuesday 2nd February 2021 (40 weeks in four 10-week terms)

**TIME:** Tuesday evenings – 6.30pm-8.30pm

**INVESTMENT:** \$3400

**PLACE:** Shin Sen Dojo, 59A Boronia Street, Kensington

Discounts apply if paid in full before commencement, or if doing other trainings with Ken McLean.  
Numbers limited – a deposit is required to secure your place.

**For all bookings phone 0414614169**

**Ken McLean** has helped thousands of people actualise greater health, happiness and success through his counselling and training programs. He is a leading teacher of Macrobiotics, Shiatsu, Ki Development and Aikido with over 43 years experience.

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