



Shin Sen Dojo

presents

Aikido Winter Keiko

Three Day Intensive Aiki Training

with Ken McLean Sensei

theme

Jchi Rei Shi Kon San
Ryu Hachi Riki

One Spirit Four Souls Three Streams

Eight Expressions

Aikido is a living expression of how life works – in its deepest sense. As we practice, it activates our deeper spirit and allows our expression to become fuller and more complete, in all areas of life.

In this intensive course we will explore the holistic expression of Aiki in the spirit of joyful discovery through training.

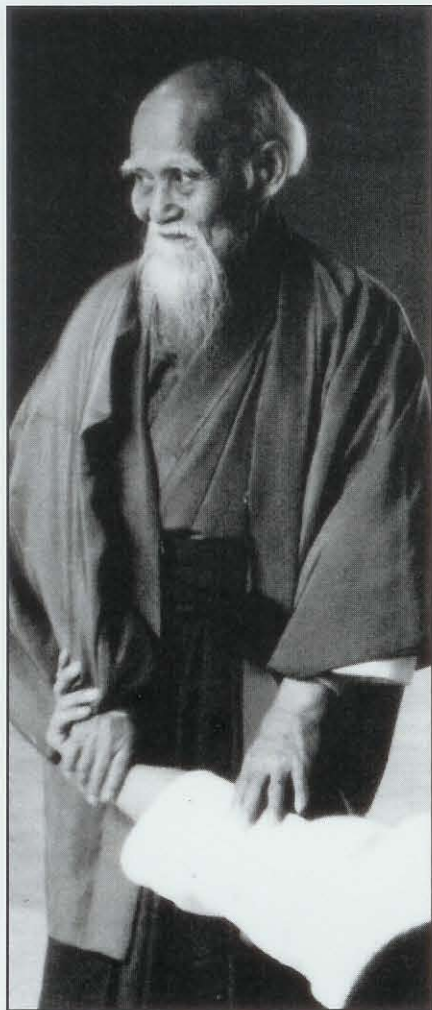
June 6, 7 & 8 (holiday weekend) 2009

Saturday, Sunday & Monday

10am ~ 1pm • 4pm ~ 7pm

(six 1-hour session per day)

Optional sunrise Misogi and Bokken-Jo
practice at Bronte Beach



Kyu and Dan gradings

Open to every one (all levels) at **59a Boronia Street, Kensington**

Fee: \$240 or \$220 monthlies

Please put name on Dojo list if attending

Ph: 02 9387 5840